



**October 1, 2026
COBRA MONTHLY RATES**

**Qualified Beneficiary Premiums for
Social Security Disability Extension
(150% of the Full Monthly Premium)**

BENEFIT AND CARRIER	Single Premium	Two-Party Premium	Family Premium
MEDICAL			
Blue Cross Blue Shield New Mexico			
High Option	\$1,840.52	\$3,500.24	\$4,675.00
Low Option	\$1,276.06	\$2,426.88	\$3,241.55
Presbyterian			
High Option	\$1,488.33	\$3,125.27	\$4,167.37
Low Option	\$1,032.05	\$2,166.95	\$2,889.43
DENTAL			
BlueCare Dental			
High Option	\$45.00	\$85.67	\$134.60
Low Option	\$22.55	\$42.90	\$67.30
Delta Dental			
High Option	\$45.52	\$86.63	\$136.12
Low Option	\$22.81	\$43.38	\$68.08
United Concordia			
High Option	\$51.14	\$97.31	\$152.89
Low Option	\$25.60	\$48.73	\$76.48
VISION			
Davis Vision Plan	\$9.69	\$16.20	\$21.84

9.95% increase on High and Low Medical Options

4% increase on Basic and Comprehensive Dental